



Cover Crop Seed Production

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Allied Seed

Cover Crop - a crop grown for the protection and enrichment of the soil.



Cover Crop Benefits

Nutrient Cycling

Weed Suppression

Compaction Reduction

Increased Organic Matter

Erosion Control

Improved Water Infiltration & Penetration

Pollinator Attractant

Nematode Control

Bio-Fumigation



Cover Crop Seed Production In Idaho



- Turnips
- Rutabaga
- Collards
- Kale
- Oats
- Triticale
- Clover
- Teff
- Rapeseed
- Radish
- Mustard
- Peas
- Lentils



Idaho Cover Crop Periodic Table



Cover Crop Periodic Table

Cool Season Plants						Warm Season Plants			
Grass		Broadleaf Plants						Grass	
Barley									Pearl Millet (wk)
Oat (wk)	Arugula							Safflower (wk)	Foxtail Millet (wk)
Ryegrass	Flax (wk)							Buckwheat ⁴ (wk)	Proso Millet (wk)
		Legumes							
Wheat	Rape / Kale ¹	Turnip ¹	Winter Field Pea ²	Chickling vetch ² (wk)	Medic	Chickpea (wk)	Sunflower (wk)	Sudan grass ³ (wk)	
Cereal rye	Phacelia	Radish	Lentil ²	Red clover	Balansa clover		Amaranth (wk)	Teff (wk)	
Triticale	Canola / Mustards ¹	Beet	Spring Pea ² (wk)	Crimson clover	Forage Pea ²		Chicory	Grain Sorghum ³ (wk)	
Forage Oat	Ethiopian Cabbage ¹	Tyfon ¹ (wk)	Vetch ²	Sweet clover	Alfalfa	Sun Hemp (wk)	Flower mix	Corn ³ (wk)	

(wk) = winter killed

See footnotes on back side

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Courtesy of NRCS in cooperation with Allied Seed, L.L.C and Green Cover Seed.

